

Gastroscopy is a procedure where a Surgeon passes a thin, flexible tube called an endoscope through your mouth and into your esophagus, stomach and duodenum (which is the first portion of your small intestine).

You may require blood tests and urine tests before the procedure. You may also require a consultation with the Anaesthetist.

DAY OF PROCEDURE

Please review: *General Surgery Information Sheet*

PREPARING FOR YOUR PROCEDURE

The Nurse assigned to your care will prepare you for your surgery.

You will:

- change into a hospital gown,
- have an IV inserted,
- have your height, weight and vital signs taken,
- have additional blood tests done if required.

WHEN IT IS TIME FOR YOUR PROCEDURE

- A Nurse will escort you to the Operating Room.
- You will speak with your Surgeon, Anaesthetist and Operating Room staff and have an opportunity to ask questions prior to your procedure.

WHAT TO EXPECT AFTER THE PROCEDURE?

- You will be taken to the recovery room where a Nurse will monitor your vital signs and ensure you are becoming more awake.
- Once you are fully awake from the anaesthetic, you are then ready to return to your room. You will be taken by stretcher to the day surgery unit where you will be monitored.
- After the procedure, your throat will probably feel numb. When your throat is no longer numb, and you are able to swallow, you can have something to drink. Start with sips at first.
- Once you are ready to leave, the Nurse will provide you with discharge instructions.
- Ask questions and ensure you understand your discharge instructions.
- Have a friend or family member drive you home following your discharge from the Hospital.