



ST. JOSEPH'S  
GENERAL HOSPITAL  
ELLIOT LAKE

# Patient Guide to *“Medication Reconciliation”*



***Medication Reconciliation* helps to ensure that YOU continue to receive the right medications at the Hospital.**

# What is Medication Reconciliation?



Your Healthcare Team compares your Home medication list with medications ordered at the Hospital, then they resolve any differences in these lists so that you receive the right medications.



Your Healthcare Team makes sure that the right medications are given to you:

1. at the Hospital and
2. when you leave the Hospital to go home.



Patients and their family members partner with their Healthcare Team to make sure that their list of medications taken at home is current and complete.



**Patients and their Healthcare Team partner together to make sure that medications are used safely. By working together, WE can prevent medication errors.**

## How Can I Help?

- Bring **ALL** your medications or a complete medication list to the Hospital with you.
- Provide your Healthcare Team with your Pharmacy contact information (found on your pill bottle) and your Family Doctor's name and phone number.
- Take part in the review of your new and old medications with a Doctor, Nurse or Pharmacist.
- Update your medication list regularly and write down any changes made by you or your Doctor.

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### Medication Safety

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- Keep your medications **IN THEIR ORIGINAL BOTTLES.**
- Many pills look alike and can be difficult to identify when stored together.
- It allows you to double check the medication before you take it.
- It helps you keep track of when you need a new refill.
- It gives you information about the pills you take, and means you always have your Pharmacy phone number.

#### **REMINDERS!**

- **Store medications away from children and pets.**
- **Do not chew, crush or break capsules unless directed.**
- **Contact your Pharmacist if you have questions or concerns about your medications.**
- **ALWAYS check "use before" dates.**
- **Take all prescribed medication, even if you are feeling better.**
- **Keep medications away from heat, humidity and light – do not store in bathroom or kitchen.**

# Tips on Making a Medication List

You can organize your medications into a table – you can use the table in this booklet.

## What Should I Include on my Medication List?

### 1. Allergies

Medications

Food

Environment

### 2. Prescription Medications

Antibiotics

Blood Pressure Pills

### 3. Non-Prescription

Medications

Acetaminophen (Tylenol)

Aspirin, etc.

### 4. Vitamins and

Minerals

Vitamin D

Vitamin C

Calcium, etc.

### 5. Herbal Medications

St. John's Wort

### 6. Supplements

Glucosamine

Coenzyme Q10, etc.

## DON'T FORGET!

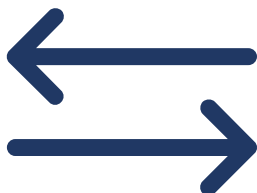
- Eye/Ear Drops
- Inhalers or Nasal sprays
- Medicated Patches or Creams
- Injectable Medications (i.e., Insulin)
- Medication samples received from your Physician



# When Does *Medication Reconciliation* Happen?



Upon arrival at the Hospital, when you are admitted as a patient.



When you are transferred from one area of the Hospital to another.



When you go HOME from the Hospital.

*Medication Reconciliation* is also performed when you visit certain Outpatient Clinics at the Hospital.



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## Reference:

**[www.ismp-canada.org](http://www.ismp-canada.org)**

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Developed in partnership with  
**St. Joseph's General Hospital Elliot Lake**  
**Patient and Family Advisors**

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**Medication List for:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Pharmacy Telephone Number (on pill bottle):** \_\_\_\_\_

**Family Doctor Name and Telephone Number:** \_\_\_\_\_

Medication Name	Strength (mg)	How Many Each Day?	When Do You Take It?				What Do You Take It For?
			Morning	Afternoon	Evening	Bedtime	

**Medication Allergies and Reaction:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_